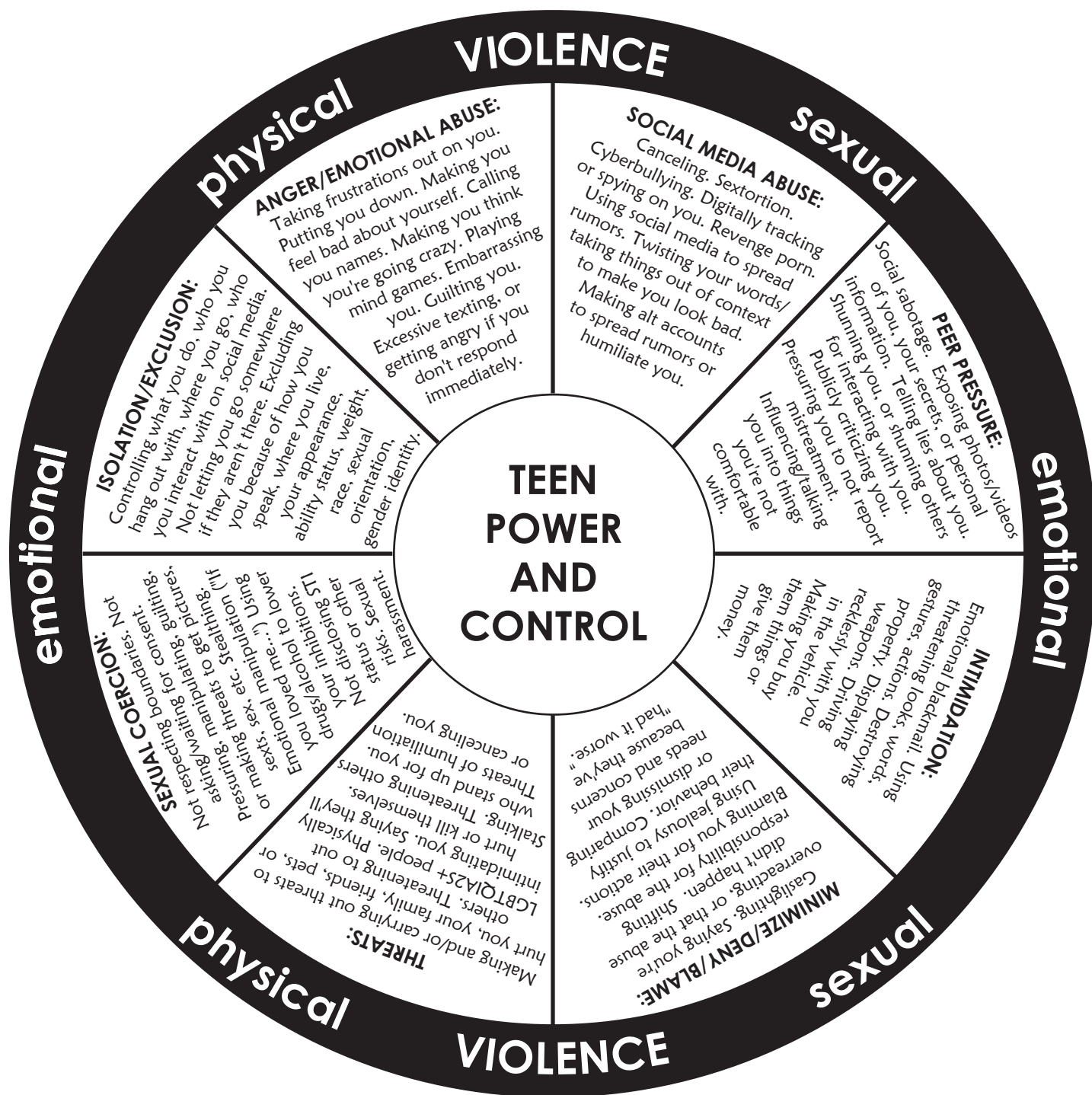


# TEEN POWER AND CONTROL WHEEL

The Power & Control wheel is a helpful tool in understanding patterns of abusive behaviors, which are used to establish and maintain control over the person being abused. Violent incidents are often accompanied by these other types of abuse. They are less easily identified, yet firmly establish a pattern of intimidation and control. The following examples are by no means an exhaustive list, but are meant to illustrate some common tactics used by abusers.



Adapted by Reach of Clay County from the models by:  
National Center on Domestic and Sexual Violence  
4612 Shoal Creek Blvd. Austin, Texas 78756  
512-407-9020 [www.ncdsv.org](http://www.ncdsv.org)  
and  
Domestic Abuse Intervention Project  
202 East Superior Street  
Duluth, MN 55802  
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Adapted and distributed by:

